

# October 2017

**Work Hard and  
Have Fun!**

**Mighty Vikes!!!  
Revised #1  
Schedule  
9/18/17**

Coach Keating  
Coach Whittaker  
Coach Jones  
Coach Olson

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		3 Varsity 4:45—6:15 Frosh/ Jv 3:30-4:45	4	5 Frosh 3:30-4:45 JV/Var 4:45-6:15	6	7
8	9	10 Varsity 4:45—6:15 Frosh/ Jv 3:30-4:45	11	12 Frosh 3:30-4:45 JV/Var 4:45-6:15	13	14
15 <i>No JV Workouts this week.</i>	16	17 Varsity 4:45—6:15 Frosh 3:30-4:45	18	19 Frosh 3:30-4:45 Var 4:45-6:15	20 <i>PV vs Chico</i>	21
22 <b>TRYOUT WEEK!</b>	23	24 6 am JVB Varsity 4:45—6:15 Frosh Tryouts 3:30-4:45	25 6 am <b>JVB</b>	26 6 am JVB Frosh Tryout 3:30-4:45 Var tryout 4:45-6:15	27 6am JVB <b>BBball Concessions Vs Shasta</b>	28
29	30 3-5 JVB	31 6 am JVB	Nov 1	2	3	4

*Pleasant Valley Basketball Schedule  
Tryouts will start at the end Of  
Oct /beg of Nov  
Small = East Gym  
Big = West Gym*

***Accountability  
Pride  
Work Ethic***

  
**Commitment**