

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	WR JV 3-4:15 Frosh 4:00-5:15	WR JV 3-4:15 Frosh 4:00-5:15	1	2 WR JV 3-4:15 Frosh 4:00-5:15	3 WR JV 3-4:15 Frosh 4:00-5:15	4
5	6 WR JV 3-4:15 Frosh 4:00-5:15	7 WR JV 3-4:15 Frosh 4:00-5:15	8	9 WR JV 3-4:15 Frosh 4:00-5:15	10 WR JV 3-4:15 Frosh 4:00-5:15	11
12	13 WR JV 3-4:15 Frosh 4:00-5:15	14 WR JV 3-4:15 Frosh 4:00-5:15	15	16 WR JV 3-4:15 Frosh 4:00-5:15	17 WR JV 3-4:15 Frosh 4:00-5:15	18
19	20 WR 3-3:45 SFB 4-5:30 JV/Var	21 WR 3-3:45 SFB 4-5:30 JV/Var	22 SFB 4-5:30 JV/Var	23 WR 3-3:45 SFB 4-5:30 JV/Var	24 WR 3-4:15 Frosh 4:00-5:15	25
26	27 NO SCHOOL	28 WR 3-3:45 OTA 4-5:30JV/Var	29 OTA 4-5:30JV/Var	30 WR 3-3:45 OTA 4-5:30JV/Var	31 WR 3-3:45 OTA 4-5:30JV/Var	

EVENTS

WR= Weight-room
 SFB= Spring Football Mandatory
 OTA= Organized Training Activity

SPRING FOOTBALL=SFB
 Mandatory the week of 20-23,
 and 28-May 31. Incoming
 Freshman cannot participate.