

CUSD ATHLETIC PROGRAM

FALL SPORTS

Cross Country – girls & boys teams
Field Hockey – girls
Football- girls & boys, same team
Golf – girls
Swimming – girls & boys teams
Tennis – girls
Volleyball - girls

WINTER SPORTS

Basketball – girls & boys teams
*Skiing/Snowboarding –
girls & boys teams
Soccer – girls & boys teams
Wrestling – girls & boys teams

SPRING SPORTS

Baseball – boys
Golf – boys
Softball – girls
Tennis – boys
Track – girls & boys teams
*Volleyball - boys

*These are self-funded sports and they must have the money in place to cover their estimated expenses for the next year prior to July 1, for the sport to continue the next year.

**Cheerleading-Cheerleading is a fall and/or winter sport and students must meet the same requirements as athletes to participate.

Requirements for High School Athletic Eligibility

Grades: Student-athletes must have a 2.00 minimum G.P.A. during the previous semester (or equivalent for different grading periods). If their GPA is in the 1.50-1.99 range, the student-athlete may use a 1 time/ 1 semester only (during 4 years of high school) academic probation period (Paperwork from the A.D. and Conference with VP required for the probation period). Below 1.50 students are not eligible. Incoming 9th graders must meet grade requirements based on the second semester of their 8th grade year.

Credits: Student-athletes must pass 20 credits (4 classes) the previous semester and maintain minimum credits throughout their high school careers as shown below. The following credits must be met before the first day of the semester. Incoming 9th graders start over on the number of credits in high school, but must have passed the 20 credits second semester of their 8th grade year.

| | <u>First semester</u> | <u>Second Semester</u> | |
|------------------|-----------------------|------------------------|--|
| <i>Freshman</i> | 0 | 25 | <u>NOTE: Once a student fails more than 1 class in high school, they MUST make up credits in order to graduate.</u> |
| <i>Sophomore</i> | 50 | 80 | |
| <i>Junior</i> | 110 | 135 | |
| <i>Senior</i> | 165 | 195 | |

Physicals: All student-athletes must pass a yearly physical and have the physical form on file in the Athletic Office. School sports physicals will be given at P.V. and Chico High two evenings (one evening at each high school) in May. Contact the high school Athletic Director's office for the dates. Both physicals sessions are open to all CUSD high school students.

(OVER)

Athlete Committed: This is an educational program which provides information to student-athletes and their parents to make the athletic experience in high school very positive and as successful as possible. Each student-athlete and a parent/guardian must attend an Athlete Committed program prior to gaining full eligibility to play in a contest.

Code of Conduct: There will be a Code of Conduct on the first few pages of the CUSD physical packet. All parts of the packet must be read carefully and signed off before any student-athlete will be allowed to practice. A key component all stakeholders need to understand is the Code of Conduct is enforced 24/7.

Insurance: All student-athletes must be covered by medical insurance. If the student is not covered by a family plan, school insurance is available at a reasonable rate.

Transportation Fees: While transportation fees are no longer collected by the school district, the Sports Boosters at both high schools collect a donation to help the teams cut costs and reduce the amount of money the teams must fundraise.

Additional information

Recruiting- While people hear about recruiting all the time at the college level, it is STRICTLY PROHIBITED at the middle schools and high schools. For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rules 206 and 207).

Prior Contact- Any and all prior contact between any student and a person connected to a high school must be divulged if requested on a 510 form. For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 510).

Undue influence- The act of someone trying to encourage a student-athlete to go to the high school the person is associated with. This act is illegal in high school and must be reported to a high school administrator. For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 207).

Fraudulent information on forms- Giving false, inaccurate or misleading information on any NSCIF forms may result in suspension from high school athletics for up to 24 months for the student-athlete. For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 202).

Transferring- There are consequences in athletics for students transferring from one high school to another without a valid move (change of residence with all the people they had previously been living). For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rules 206 and 207).

Outside Competition- Student-athletes may NOT compete in an outside program of the same sport during their high school season of competition for that sport. (ie. A Softball player may not play any contests (contests means games or scrimmages) on another outside organized Softball team, during their high school season of Softball). For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 600).